

ABCSCOS OF FALL PROTECTION

If the risk of falling exists, you require the following:

Anchor Point

This is the equipment the connector device attaches to. Always check the worker weight capacity of the anchor point.

Body Wear

A full body harness with dorsal D-ring. It is essential to take the time to fit the harness properly.

Connector

Typically connectors are Self-Retracting Lifelines (SRL), Lanyards, and Vertical Lifelines (VLL). Consider the total available fall clearance when selecting the connecting device.

Dropped Object Prevention

Tool tethering is a way of preventing tools from falling or being dropped. It involves attaching tools to either the operative using them or, in the case of heavier tools, to a fixed anchor point.







Visit our website to access Guardian ABC&Ds of Fall Protection and other height safety resources.

guardianfall.com

